



MALLIKARJUN SCHOOL, BHIMTAL

A CO-EDUCATIONAL DAY AND RESIDENTIAL SCHOOL

FOOD MENU

DAY	BREAKFAST	LUNCH	EVENING SNACKS	DINNER
MONDAY	Roti, scrambled egg/aalu bhujia, milk and jam	Roti, Rice, sabji, Rajma and salad	Fruit chaat	Kooftha sabzi, rayta, roti and Milk
TUESDAY	Aalu paratha and dahi	Veg Pulav, Rayta and salad	Fruit chaat	Mix veg, Roti and chatni and Kheer
WEDNESDAY	Egg sandwich/ veg sandwich, sauce and milk	Kadi chawal/ Chaudkaani, sabji, roti and salad	Juice	Black Chickpeas, sabji, Roti and rayta
THURSDAY	Roti, mix sabji and milk/chai	Daal, Roti, sabji, Rice and salad	Fritters, Sauce and chai/milk	Nutrila aalu, Roti, dahi and suji/halwa
FRIDAY	Poha/Daliya and Milk/Chai	Fried rice, daal, Roti, Rice and salad	Milk and biscuit	Egg curry/Paneer/ kofte,roti and kheer
SATURDAY	Puri-aalu/ chole-bhature and raita	Cholle/Aalu, Rice, Roti and salad	Bun Tikki and juice	Veg, roti, and dahi/Milk
SUNDAY	Macrauni/meggi, sauce and milk	Paneer/Chicken and Roti/Chawal	Juice	Mix veg, daal, Roti and suji/Halwa